

## How to Apply for Home Delivered Meals:

- **Call Pima Council on Aging, the local Area Aging on Aging's Intake Line, at 520-790-7262 or email [Help@pcoa.org](mailto:Help@pcoa.org)**
- The Intake Staff will obtain necessary information and conduct a telephone interview to determine how best to assist. They may also refer callers to congregate meal sites in their area if home delivered meals are not absolutely required. Individuals do not have to go to the agency office to apply.
- PCOA Intake staff will direct callers to the nutrition provider agency for their particular zip code area if Home Delivered Meals is the only service required.
- Callers will then speak at length with nutrition provider staff to determine if the Pima Meals on Wheels Program will best meet their needs or if other programs would be more appropriate (for example, Mobile Meals, for special hospital prepared dietary meals; or meals for pay for individuals with financial resources).
- If the caller needs home-delivered meals, a nutrition program representative will then arrange an appointment to meet with the client in their home for a home-delivered meal assessment.
- Clients who appear to need more support than meals only, will be referred to a case management agency that may authorize home-delivered meals in conjunction with other needed in-home services.
- If the client's only need is home-delivered meals, a meal delivery plan will be developed based on nutritional needs. For example, a client may need frozen weekend meals in addition to weekday delivery.
- Depending upon degree of need, clients may be able to receive a meal at the time of their in-home interview.
- If clients do not have the physical or mental limitations required for home delivered meal eligibility, nutrition provider staff may direct them to call the site manager of the senior center closest to their home to let them know

when they will be coming to that meal site. If clients call 48 hours in advance, they may possibly be able to receive a meal.

- A donation of approximately \$2.50 - \$3.00 is requested, but not required. All donations are strictly confidential and funds go directly into the budget of the meals program so more people may be served.
- There are Area Agencies on Aging providing nutrition services located throughout the U.S. To find an agency on behalf of an elderly friend or relative in another state, call EOEAA at 1-800-882-2003.