

Home Delivered Meals for Pay

Revised 04/2011

Local Resources

Delicious Deliveries

Local restaurant delivery service

Hours: Monday–Friday 7:30 A.M. - 9:00 P.M.; Saturday and Sunday 11:00 A.M. - 9:00 P.M. A minimum order of \$25 is required and there is a \$7.99 service charge (depending on zip code) which does not include driver gratuity on orders under \$75. Orders of \$75 or more will include a 12% driver gratuity. Cash, credit or debit cards accepted. If paying by credit card, it must be presented to the driver upon delivery. Cash payments reflect a 4% discount. Delivery time is typically one hour.

Phone: 520-620-6600

www.azfood.com

Matt's Organics

Fresh fruit and vegetable delivery

Order by phone or online. They deliver 10-12 types of organic seasonal fruits and vegetables, salad ingredients, and potatoes to your door in assorted boxes for \$36, \$50, or \$60. Items can also be ordered individually. Free delivery with orders over \$40; otherwise delivery is \$10. There is a one-time \$15 set-up fee payable with the first order.

Phone: (520) 790-4360

www.mattsorganics.com

Meals by the Week

Food shopping and meal preparation

Owner: Rae Frantz

Service includes shopping, meal planning, and cooking your choice of meats, fruits and vegetables. Special diets okay. Prepared meals are delivered on Saturdays. Microwave for 3 minutes for a hot and nutritious meal.

Cost is \$50.00 for 7 meals and includes delivery.

Phone: 520-741-9020

Safeway Home Delivery

Online ordering only

Groceries delivered in the Tucson area in temperature-controlled trucks. Delivery cost is \$6.95 to \$12.95 depending on whether you request a 1, 2, or 4 hour delivery window and whether the order total is above or below \$150. Club card discounts are automatically applied. A minimum purchase of \$50 is required.

Phone: 520-877-505-4040 (for questions only—ordering must be done online)

www.safeway.com

Schwan's

Order by phone or online. Offers a wide variety of food choices, including frozen meals, meats, fruits, vegetables and ice cream delivered to your door. Single servings available. Comes in convenient packaging and individually wrapped portions. Many meals can go from the freezer to the table in under 30 minutes.

Phone: 1-888-724-9267

www.schwans.com

Other Resources

Dine Wise

Gourmet prepared meals

Order by phone or online. They offer an extensive menu which includes several meal plans and recipes geared toward seniors. Other special diets offered include low-sodium, diabetic, low-carb, and vegetarian. Entrées, appetizers, soups, and desserts are all available.

Ships via Fed Ex.

Phone: 1-800-749-1170

www.dinewise.com

Magic Kitchen

Chef-prepared meals

Order by phone or online. Different meal plans include senior-friendly, diabetic-friendly, low-sodium, low-cholesterol, dialysis-friendly, and other specialized menus for specific medical dietary needs. Senior discount is available. Ships via UPS or Fed Ex.

Phone: 1-877-516-2442

www.magickitchen.com

Mom's Meals

Prepared meals for seniors

Order by phone or online. Customize your own menu of 10, 14, or 21 meals. There are 45 breakfast, lunch, and dinner meals available. All meals are diabetic friendly. Ships via UPS or Fed Ex.

Phone: 1-866-971-6667

www.momsmeals.com

Nutritional Supplements

Abbott Home Delivery

Order cases of Ensure, Glucerna, Pulmocare, Juven, ZonePerfect, and other adult nutritional supplements. Free shipping available on orders over \$50.

Phone: 1-800-258-7677 Monday–Friday 9:00 A.M.–6:00 P.M. Eastern Time.

www.abbottstore.com

Active Forever

Purchase cases of Ensure, Benefiber, Boost, and other nutritional supplements. Based in Scottsdale.

Phone: 1-800-377-8033 Monday–Friday 7:00 A.M.–5:30 P.M. local time.

www.activeforever.com