

Neighbors Care Alliance

Neighbors Helping Neighbors

Do you wish you could bring the spirit of neighbors helping neighbors back to your community?



Neighbors Care volunteers help older adults to remain in their homes safely, independently, and with dignity. Each Neighbors Care program may offer these services:

- Ride to doctor
- Friendly phone call, visit
- Grocery shopping
- Meal Preparation
- Light house or yard work
- Minor house repairs
- Caregiver respite assistance

Benefits of Neighbors Care programs:

- Cost effective
- Bring people closer together & make communities stronger
- Build local leadership
- Intergenerational opportunities between youth and elders
- Partnerships with businesses & neighboring communities
- A tremendous resource in the event of an emergency

PCOA's Neighbors Care Alliance is the association of all the Neighbors Care Programs. Since 2003, over 120 neighborhoods and faith communities have been brought together throughout Pima County.

PCOA can help you with:

- Connection to Pima Council on Aging
- Free consultation & assistance
- Secondary insurance for volunteers & limited mileage reimbursement
- Opportunities to network and share ideas with other programs

A few interested people committed to support a volunteer program are all it takes to begin.

Let us help you rekindle the spirit of caring service in your community.

**PCOA Outreach Coordinators are available to address this opportunity with you.
Call 520.790.0504**

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Call 520-790-7262 or
go to www.pcoa.org