

Skilled Nursing Facilities (SNFs)

This list is updated periodically and may not be current. The average private pay cost of a bed in a nursing home in 2009 was \$3,600–\$9,330/month. Potential help with costs includes ALTCS, Medicare, or other insurances. A Guide to Nursing Home Selection follows this list to help with decision making. Pima Council on Aging assumes no responsibility by providing this information. This list is a community service and not an endorsement of any organization or individual listed.

Revised 06/2010

Central Tucson

Catalina Care Center

2611 N. Warren Street
Tucson, AZ 85719
(520) 795-9574
93 Medicare certified beds
Secured Alzheimer's Unit
Accepts ALTCS
www.CatalinaCare.com

Park Avenue Healthcare and Rehabilitation

2001 N. Park Avenue
Tucson, AZ 85719
(520) 882-6151
200 Medicare certified beds
Accepts ALTCS
www.ParkAvenueHealthcare.com

Central/East Tucson

Devon Gables Healthcare Center

6150 E. Grant Road
Tucson, AZ 85712
(520) 296-6181
312 Medicare certified beds
1 secured Alzheimer's units
2 secured behavioral units
Accepts ALTCS
www.DevonGables.com

The Forum at Tucson

2500 N. Rosemont Blvd.
Tucson, AZ 85712
(520) 325-4800
67 Medicare certified beds
www.TheForumAtTucson.com

Handmaker Jewish Services For the Aging

2221 N. Rosemont Blvd.
Tucson, AZ 85712
(520) 881-2323
58 Medicare certified beds
2 secured Alzheimer's units
Accepts ALTCS, but usually must pay
privately first for 3 years
www.Handmaker.com

HCR ManorCare

3705 N. Swan Rd.
Tucson, AZ 85718
(520) 299-7088
118 Medicare certified beds
Accepts ALTCS
www.HCR-ManorCare.com

Posada del Sol Healthcare Center

2250 N. Craycroft
Tucson, AZ 85712
(520) 733-8700
149 Medicare certified beds
Only facility in Tucson that takes
patients on ventilators
2 secured behavioral units for psychiatric
patients; no Alzheimer's unit
Accepts ALTCS

**Pueblo Springs Rehabilitation
Center**

5545 E. Lee St.
Tucson, AZ 85712
(520) 296-2306
129 Medicare certified beds
Accepts ALTCS

**Sabino Canyon Care Center
(Ensign Group)**

5830 E. Pima St.
Tucson, AZ 85712
(520) 722-5515
102 Medicare certified beds
Secured Alzheimer's unit
Accepts ALTCS
www.SabinoCanyonCare.com

Santa Rosa Care Center

1650 N. Santa Rosa Blvd.
Tucson, AZ 85712
(520) 795-1610
144 Medicare certified beds
Secured Alzheimer's unit
Accepts ALTCS
<http://SantaRosaCareCenter.com>

**Villa Campana Healthcare
(Kindred)**

6651 E. Carondelet
Tucson, AZ 85710
(520) 296-6100
120 Medicare certified beds
Accepts ALTCS
www.VillaCampana.com

Villa Maria Care Center

4310 E. Grant Rd.
Tucson, AZ 85712
(520) 323-9351
78 Medicare certified beds
Accepts ALTCS
www.VillaMariaCC.com

North/Northwest Tucson**La Rosa Healthcare**

7500 N. Calle Sin Envidia
Tucson, AZ 85718
(520) 742-6242
42 Medicare certified beds
Secured Alzheimer's unit

**Desert Life Rehabilitation and
Care Center**

1919 W. Medical St.
Tucson, AZ 85704
(520) 297-8311
240 Medicare certified beds
Accepts ALTCS
1 wander-proof unit—not secured
www.DesertLifeRCC.com

La Canada Care Center

7970 N. La Canada Dr.
Tucson, AZ 85704
(520) 797-1191
128 Medicare certified beds
Accepts ALTCS
www.lcca.com

Life Care Center of Tucson

6211 N. La Cholla Blvd.
Tucson, AZ 85741
(520) 575-0900
162 Medicare certified beds
Accepts ALTCS
www.lcca.com

Mountain View Care Center

1313 W. Magee Rd.
Tucson, AZ 85704
(520) 797-2600
120 Medicare certified beds
Secured Alzheimer's unit
Accepts ALTCS

Sonora at Splendido

13500 N. Rancho Vistoso
Oro Valley, AZ 85755
(520) 878-2600
12 Medicare certified beds
Secured memory unit
www.MatherLifeWays.com

Green Valley**La Hacienda at La Posada**

700 S. La Posada Cir
Green Valley, AZ 85614
(520) 648-8388
58 Medicare certified beds
www.LaPosadaGV.com

**Santa Rita Nursing and
Rehabilitation Center**

150 N. La Canada Dr.
Green Valley, AZ 85614
(520) 625-0175
115 Medicare certified beds
Accepts ALTCS-approved patients
only (no ALTCS pending).

Southwest Tucson**La Colina Healthcare**

2900 E. Milber St.
Tucson, AZ 85714
(520) 294-0005
240 Medicare certified beds
Secured, family-oriented memory care unit
Accepts ALTCS

Selecting Nursing Home Care for Older Adults

The following questions will help you select nursing home care for older adults. Remember, there is no such thing as a “stupid question.” All questions are important and you have a right to information about service providers.

- Ask to see a copy of the most recent survey by the Department of Health Services. How many deficiencies were noted? What were they?
- Is the facility Medicare certified? How many beds are Medicare certified? Will your family member have to move to a different bed to receive Medicare services?
- Are there separate units for people with special care needs such as dementia or are all residents mixed in one area? Is there a secure area for people with dementia? Is palliative care available? Are snacks available and encouraged for those who have difficulty eating meals?
- Does the facility participate in the Arizona Long Term Care System (ALTCS)?
- What is the daily base fee and what services incur additional costs? Is there an itemized list of services? Under what conditions might fees increase? How much notice will be given? What is the refund policy?
- What costs continue if the older adult must be hospitalized?
- Are there adequate caregivers to meet the care needs of residents? What training is required of staff? How are caregivers screened? How long have they been at the facility? Do caregivers ask permission before entering a resident’s room?
- Are residents addressed respectfully and by appropriate names?
- Are residents appropriately dressed and groomed for season and time of day?
- Are residents cheerful and able to talk freely with you?
- Is there meaningful activity appropriate to resident functional level?
- Can residents decorate their own rooms? How are roommates selected?
- Ask to see a menu. Can the facility accommodate special dietary needs? Is there a choice of food at each meal? Do residents participate in menu planning if desired? Is there sufficient assistance for residents who need help eating and drinking?
- Are visitors welcome at any time? Is there a private place for family visits?
- Are visitors monitored or screened in any way?

The following website may be useful for information on surveys, quality measures, staff ratios, total capacity and ownership: www.medicare.gov