

# PCOA Services

## Northwest Tucson

### Community Office

*Services provided by Pima Council on Aging (PCOA),  
the local Area Agency on Aging in Pima County*

#### Location:

Ellie Towne/Flowing Wells  
1660 W. Ruthrauff Road

#### Hours:

Tuesday through  
Friday

By Appointment  
10:00 a.m. - 4:30 p.m.

#### Tuesdays

##### **Mature Worker Connection**

For job seekers 55+ & local employers; job skills trainings and supportive assistance  
Call **MWC** at (520) 623-3304  
Information online at  
[www.matureworkerconnection.com](http://www.matureworkerconnection.com)

#### Thursdays

##### **Caregiving Assistance**

Information and assistance  
Call **PCOA Help Line** at  
(520) 790-7262

#### Wednesdays

(1st & 3rd Wed. of each month)

##### **Elder Rights & Benefits Assistance & Medicare**

Medicare, benefits counseling; consumer advocacy; information about services.  
Call **PCOA Help Line** at  
(520) 790-7262

#### Fridays

(2nd & last Fri. of each month)

##### **RSVP – Retired & Senior Volunteer Program**

Community volunteer opportunities for adults 55+; training provided.  
Call **RSVP** at  
(520) 546-2002

Helping  
Caring  
Teaching  
Sharing  
Guiding  
Training  
Growing  
Feeding  
Assisting  
Serving

Advocacy, action,  
and assistance to  
our community for  
over 40 years.



10-2010

The PCOA Community Office Ellie Towne schedule  
is available online at [www.pcoa.org](http://www.pcoa.org)



Call 520-790-7262 or  
go to [www.pcoa.org](http://www.pcoa.org)

# Ellie Towne/Flowing Wells 1660 W. Ruthrauff Road, 85705

