

Retirement and Assisted Living Communities

Services in Retirement (Independent) Residences generally include scheduled transportation, activities, housekeeping, laundry, meal options, and utilities except for telephone and cable TV (some provide basic cable).

All listed prices for Assisted Living (AL) are base rates which include three meals/day and independent level services. The average base monthly cost of assisted living in Tucson in 2010 was \$2974. Residents usually need additional services not provided in the basic price. Typical monthly care plan costs are \$300 for medication administration and \$600–\$900 for assistance with bathing and dressing depending on the frequency/time of one on one care. Facilities have move-in fees or deposits which are nonrefundable; cost is typically between \$1,000 and one month's rent.

SNF (Skilled Nursing Facility) indicates an on-site nursing home. AL (Assisted Living) facilities participating in Arizona Long Term Care System are indicated by **ALTCS**. Each complex is listed with a range of prices for Independent Living (if available), number of meals included, and Assisted Living (AL) or Dementia Care (if available).

This information is only updated periodically and rates may not be current. Inclusion in this Housing Directory does not imply endorsement or recommendation by Pima Council on Aging.

Revised 02/2011

Retirement Apartments (Independent Living)

Atria Bell Court Gardens

6653 E. Carondelet Dr. 141 units
Tucson, AZ 85710 Pets okay
(520) 886-3600 2 meals/day
Starting \$2825–\$4595
Scheduled home health available on site 7 A.M.–9 P.M.
www.atriaseniorliving.com

Atria Valley Manor

5549 E. Lee St 64 units
Tucson, AZ 85712 Pets okay
(520) 886-7937 3 meals/day
\$2095–\$2995
\$500 2nd person
Scheduled home health available on site
www.atriaseniorliving.com

The Country Club of La Cholla

8700 N. La Cholla Blvd. 223 apartments
Tucson, AZ 85742 19 Casitas
(520) 797-8700 Pets okay
Apartments: \$1810–\$2700/mo 2 meals/day
Casitas: \$2150–\$2900/mo
\$400 2nd person
www.lacholla.us

The Manor at Midvale

6250 S. Commerce Court 140 units
Tucson, AZ 85746 Pets okay
(520) 294-3200
\$1425–\$2295 with 1 meal/day & housekeeping 2 times/month
\$1725–2545 with 3 meals/day & weekly housekeeping
Scheduled home health available on site.
\$500 2nd person
www.seniorlivinginstyle.com

Independent and Assisted Living

All prices listed are base rates. Assessments often determine that additional services and fees are required to meet care needs. * Facility provides specialized dementia/memory care in a secured setting.

Amber Lights

6231 N. Montebella Rd. 126 units
Tucson, AZ 85704
(520) 498-0668
Independent: \$2680–\$3665/mo, includes 2 meals/day
\$600 2nd person
Additional care plan cost is \$600–\$2600
www.srgseniorliving.com

*Atria Campana Del Rio

1550 E. River Rd. 190 independent units
Tucson, AZ 85718 (includes 23 villas)
(502) 299-1941 2 meals/day ind. living
Independent (studio to large villa): \$2175–\$3775/mo
AL: \$3425–\$4650/mo 54 assisted living units
\$600 2nd person
10 Dementia units: \$4225
www.atriaseniorliving.com

Broadway Proper

400 S. Broadway Place 232 units
Tucson, AZ 85710 Pets okay
(520) 296-3238 2 meals/day
15 “Unbundled” apartments with fewer services:
\$1500–\$2500 includes housekeeping once per month
and breakfast only; \$350 2nd person
Independent living: \$2100–\$4000/mo includes
2 meals/day
\$625 2nd person
Integrated Assisted Living: Add \$275–\$1200 to
independent rate depending on care plan
www.seniorsforliving.com

Catalina Village Assisted Living >ALTCS<

5324 E. 1st St. 107 units
Tucson, AZ 85711 Pets okay
(520) 327-4010
\$1950/mo
www.catalinavillageal.com

Cascades

201 N. Jessica Ave. 205 units
Tucson, AZ 85710 Pets okay
(520) 886-3171
Independent living: \$1950–\$3370 includes 2 meals
\$635 2nd person
Integrated Assisted Living: Add \$300–\$2000/mo
depending on care plan
<http://www.cascadestucson.com>

Devon Gables >ALTCS<

6150 E. Grant Rd. 23 independent units
Tucson, AZ 85712 19 AL units
(520) 296-6181
Independent: \$1160–\$1260/mo; 3 meals/day
AL: \$2635–\$2945/mo; \$475 2nd person
SNF: \$150–210/day
www.devongables.com

Fairwinds Desert Point

10701 N. La Reserve Dr. 198 units
Oro Valley, AZ 85737 Pets okay
(520) 498-1111
Independent: \$2250–\$5400/mo, includes \$400
meal credit
\$500 2nd person
Integrated Assisted Living, add \$200–\$1800 to
independent rate
www.leisurecare.com (Click on “Oro Valley, AZ”)

Fellowship Square-Tucson

8111 E. Broadway Blvd. 563 independent units
Tucson, AZ 85710 52 AL units
(520) 886-5537 Small pets okay in some units
\$980–\$1765/mo, includes 15 meals/mo
\$290 2nd person
AL: \$1800–\$2800
www.christiancare.org

*The Forum at Tucson

2500 N. Rosemont Blvd. 147 independent units
Tucson, AZ 85712 83 AL units
(520) 325-4800 27 memory care units
Independent: \$3040–\$5000 60 SNF units
AL: \$3295–\$4800/mo Pets okay
\$500 2nd person
SNF: \$212–\$237/day
www.theforumattucson.com

*The Fountains at La Cholla

2001 W. Rudasill Rd. 335 independent units
Tucson, AZ 85704 (includes 75 casitas)
(520) 797-2001 62 AL and 17 dementia units
Independent: \$1685–\$4500/mo Pets okay
Independent w/limited services: \$995–\$2010 (no
meals, housekeeping, or transportation included)
AL: \$2800–\$3950/mo
\$832 2nd person
Dementia: \$3400–\$3900/mo
www.watermarkcommunities.com

***Handmaker** >ALTCS< (3 years private
2221 N. Rosemont Blvd pay requested)
Tucson, AZ 85712 Pets okay
(520) 881-2323 3 kosher meals/day
Independent: \$1557–\$2640/mo
AL: \$2975–\$4164/mo
Dementia: \$4204/base
SNF: \$211–\$250/day
www.handmaker.org

Hundred Palms >ALTCS<
102 S. Sherwood Village Dr.
Tucson, AZ 85710 150 units
(520) 298-9242 Pets under 25 lbs okay
Shared apartment with two bedrooms: \$1450/each
Independent: \$1795–\$2250
\$700 2nd person
Integrated Assisted Living: \$300–\$1100
Memory care unit to open June 2011
www.hundredpalmstucson.com

Marshall Home for Men >ALTCS<
3314 S. 16th Ave.
Tucson, AZ 85713
(520) 624-5193
Sliding fee scale or semi-private: \$900/mo
Private: \$1450/mo
www.marshallhomeformen.org

Mountain View Retirement Village
7900 N. La Canada Dr. 102 independent units
Tucson, AZ 85704 86 AL units
(520) 229-3350
Independent: \$2205–\$5550/mo, includes 2 meals;
Scheduled home health available on site
\$400 2nd person
AL: \$2955–\$3515/mo, includes 3 meals; includes
some hands on care; additional care is \$450–\$750 (for
brittle diabetic care)
\$750 2nd person
www.mountainviewretirement.com

***Santa Catalina Villas**
(Brookdale Community)
7500 N. Calle Sin Envidia 155 independent units
Tucson, AZ 85718 70 AL units
(520) 742-6242 15 memory care units
Independent: \$2100–\$5750/mo, includes 20 meals/mo
plus continental breakfast
\$550 2nd person Small pets okay
AL: \$3300–\$5400/mo
Dementia: \$5495 all-inclusive
SNF: \$252–\$262 private/day 42 SNF units
www.brookdaleliving.com

Splendido
13500 N. Rancho Visto Blvd.
Tucson, AZ 85755
(520) 878-2612
Financial buy-in required with multiple contract
options including lifecare benefits
195 independent apartments
50 independent villas
Assisted living options are limited to the
community except Medicare rehab available
in SNF
www.matherlifeways.com

St. Luke's Home
615 E. Adams St. 64 rooms
Tucson, AZ 85705 3 meals/day
(520) 628-1512
Sliding scale fee for those financially eligible
Income limits: \$2065/mo for one; \$2360/mo
for a couple
www.stlukeshometucson.org

***Sunrise at River Road**
4975 N. 1st Ave. 45 units
Tucson, AZ 85718 Small pets okay
(520) 888-8400 3 meals
AL: \$2945–\$3875/mo
\$2635/mo 2nd person
Dementia: Bundled pricing starting at \$5084/day
\$4433/day 2nd person
www.sunriseseniorliving.com

Villa Hermosa
6300 E. Speedway Blvd.
Tucson, AZ 85710
(520) 298-6400
\$2800–\$4100, includes 2 meals/day;
\$600 2nd person
Restaurant open 7 A.M.–7 P.M.
Integrated assisted living—add \$600–\$800 to
base rate depending on care plan
Extensive state-of-the-art wellness facilities
www.villahermosatucson.com

Assisted Living

All prices listed are base rates. Assessments often determine that additional services and fees are required to meet care needs. Assisted living costs include three meals per day.

* Facility provides specialized dementia care in a secured setting.

Carestone at River Centre

5665 E. River Rd. 62 units
Tucson, AZ 85750 Pets under 30 lbs okay
(520) 529-7100
\$1495–\$5100/mo Respite: \$125/day and up
www.hscsal.com

*Clare Bridge Oro Valley

(Brookdale Community)
10175 N. Oracle Rd. 40 units
Oro Valley, AZ 85704
(520) 544-4300
AL: \$4145/mo/base
Dementia care only
www.brookdaleliving.com

*Emeritus at Catalina Foothills

3701 N. Swan Rd. >ALTCs< (*limited)
Tucson, AZ 85718 78 Assisted living units
(520) 299-7755 18 secure memory care
\$2600–\$4200/mo Small pets okay
\$700 2nd person
Dementia: \$3600/mo
AL care plans: \$375–\$1700
*ALTCs: Private pay required until an ALTCs bed is available.
www.emeritus.com

*Emeritus at Pantano

8151 E. Speedway Blvd. 96 AL units
Tucson, AZ 85710 34 dementia units
(520) 722-8400 Pets okay
AL: \$1950–\$4000
Dementia: \$3500+
www.emeritus.com

*Emeritus at Tanque Verde

9050 E. Tanque Verde Rd.
Tucson, AZ 85749 Pets under 18 lbs okay
(520) 749-9200 42 units
\$2800-3500/mo Respite: \$175/day
Dementia Care Only
www.emeritus.com

Emeritus at Tucson

2650 W. Ina Rd. 50 units
Tucson, AZ 85741 Pets okay
(520) 229-0232
\$3000–\$4000/mo + level of care; \$800 2nd person
www.emeritus.com

*Encore Senior Village AL

2675 N. Wyatt Dr.
Tucson, AZ 85712
(520) 320-7505
\$3000–\$5200/mo private and semi-private
Lifetime fixed pricing option starting at \$4000/mo
70 units (5 cottages with 14 residents each)
Dementia care only
www.encoresl.com

Freedom Inn at Ventana Canyon

(Brookdale Community) 92 units
5660 N. Kolb Rd. Pets okay
Tucson, AZ 85750
(520) 577-6940
\$2950–\$5295/mo, \$600 2nd person
Rehab center on site
www.brookdaleliving.com

The Oasis at El Corral AL >ALTCs<

2721 N. Oracle Rd. 53 units
Tucson, AZ 85705 Small pets okay
(520) 624-1771
\$1800–\$2400/mo, \$1000 2nd person
www.tucsonoasis.com

Sterling House East Speedway

(Brookdale Community)
8468 E. Speedway Blvd. 46 units
Tucson, AZ 85710 Pets okay
(520) 722-8841
\$3115–\$3775/mo, \$825 2nd person
www.brookdaleliving.com

Villa Maria Care Center >ALTCs<

4310 E. Grant Rd. 56 units
Tucson, AZ 85712 Pets okay
(520) 323-9351
Studio: \$2400/mo; 1BR: \$2500/mo
Add additional ½ cost for 2nd person
SNF: \$158/day
www.villamariacc.com

*Woodland Palms AL & Memory Care

1020 N. Woodland Ave. 39 units
Tucson, AZ 85711 Pets okay
(520) 777-3198
\$3200–\$3695/mo, \$1000 2nd person
www.woodlandpalms.com

SUPPORTIVE HOUSING FOR OLDER ADULTS

PIMA COUNCIL ON AGING 790-7262

RETIREMENT APARTMENTS (Independent Living)

Meals, transportation, activities, security, housekeeping, emergency response system are provided to residents in individual apartments.

Cost: \$980–\$4750/mo. Meal plans vary. Additional services may be available for a fee.

ASSISTED LIVING CENTER

Apartment setting with meals, transportation, activities, housekeeping, 24-hour supervision, administration of medications, assistance with personal care. More than 10 residents. Specialized dementia care may be available.

Cost: \$1995–5295/mo = \$21,000–\$63,540/yr depending upon care needs, room size and amenities. Average base monthly cost in Tucson in 2010 was \$2974/mo or \$35,688/year. Subsidies available if eligible: Arizona Long Term Care System in contracted centers, Veterans Administration. There are two sliding fee scale facilities in Tucson: St. Luke's Home (520) 628-1512) and Marshall Home For Men (520) 624-5193. Regulated by the Arizona Department of Health Services.

ASSISTED LIVING HOME (Adult Care Home)

Private home caring for up to 10 older adults. Services include housekeeping, meals, 24-hour supervision, assistance with personal care, medication administration and activities. Specialized dementia care is available in some homes.

Cost: \$2000–\$5000/mo and up depending upon care, room size and amenities. Subsidies available if eligible: Arizona Long Term Care System in contracted homes, Veterans Administration. Regulated by the Arizona Department of Health Services. Referral agencies can assist families in finding a home.

SKILLED NURSING FACILITY

Residential health care facility offering ongoing nursing care. Three levels of care may be offered: intermediate care, skilled care, dementia/secure.

Cost depends upon care needs, room size and amenities. Average cost in Tucson in 2010 was \$227/day for a private room (\$82,855/yr); \$179/day for a shared room. (\$65,335/yr) Subsidies available: Arizona Long Term Care System, Veterans Administration. Medicare generally pays for rehabilitation only. Regulated by the Arizona Department of Health Services.

CONTINUING CARE RETIREMENT COMMUNITY (CCRC)

CCRCs offer a full continuum of care, ranging from independent retirement apartments or villas, to assistance with personal care in assisted living apartments, to long-term care in a skilled nursing facility. Designed to allow residents to receive all their care needs on the same campus. Types of contracts available vary.

Selecting Residential Care for Older Adults

The following questions will help you select residential care for older adults. Remember, there is no such thing as a “stupid question.” All questions are important and you have a right to information about service providers.

- Ask to see a copy of the most recent survey by the Department of Health Services. **Have there been complaints filed/deficiencies noted against the institution? If so, what were they?**
- Does the facility have a contract to provide care to residents in the Arizona Long Term Care System?
- What is the monthly base fee **and what services does it cover? What additional services are there and do they cost extra?** Is there an itemized list of services?
- Under what conditions might fees increase? **What are the conditions for terminating a contract?** How much notice will be given? What is the refund policy?
- What if the older adult must be hospitalized or needs another level of care?
- What is the procedure if care needs increase above that which the facility can provide? How much notice will be provided?
- Can they accommodate couples and are the fees specific to the individual care needs?
- **Do physicians or registered nurses regularly visit the facility?**
- **What is the ratio of staff to residents, including on weekends and at night?**
- Is there awake staff available 24 hours per day?
- Are residents addressed by appropriate names?
- Do caregivers knock before entering a resident’s room?
- What training is required of staff? How are caregivers screened?
- How long have they been at the facility?
- **How are complaints made and how are they handled?**
- **Is the environment attractive, both indoors and outdoors?**
- **Are sanitary conditions maintained throughout the facility?**
- Are residents appropriately dressed and groomed for time of day?
- Are residents cheerful and able to talk freely with you?
- Is there meaningful activity appropriate to resident functional level?
- How far do residents have to walk to activities and to their dining room?
- Will the distance be a barrier to participation in activities or meals for your loved one?
- Can residents decorate their own rooms? How are roommates selected?
- Ask to see a menu. Can the facility accommodate special dietary needs?
- Do residents participate in menu planning if desired?
- Is there an emergency call system? Is it conveniently located? Who responds to the call?
- **Is there private phone service in each room?**
- Are visitors welcome at any time? **Could pets live in or make visits?**
- Are visitors monitored or screened in any way?

The following websites may be useful: www.medicare.gov for nursing home information, and www.azdhs.gov/als for information on assisted living homes and centers. For information about survey results or complaints you may contact the Tucson branch of the Department of Health Services Healthcare Licensure at 520-628-6965.