Dental Resources

Pima Council on Aging provides the following information as a community service and not as an endorsement of any dental plan or office. **PCOA has no affiliation or financial interest in any particular dental plan or office.** But, because of the huge demand for assistance from seniors for affordable dental services (which do not exist in sufficient quantities in our community), we have compiled this list to make comparison shopping easier.

If your dental need is the result of an accident or medical condition, contact your primary medical provider first to determine if any dental services are covered by medical insurance.

Be sure to practice due diligence as an informed consumer before engaging in extensive and expensive dental work. Check out the professional affiliation, background and references of the dentist or clinic you select. Ask for recommendations from friends or relatives whose judgment you trust.

It is a good idea to ask about payment plans. Some dental offices offer discounts for cash payments, some offer senior discounts, and others offer monthly payment plans. Be sure to compare any interest charges with that of credit cards or a home equity line of credit, which may have a lower pay back cost over time.

Also, be aware that dental service plans are not the same as dental insurance. Dental insurance is not always a good option for seniors. It is important to compare the cost of monthly premiums versus possible benefits. As always, read the fine print! Be aware of what service is actually covered, at what percent, for how many procedures in the benefit year or lifetime of the policy. Be aware of what is excluded as well; that excluded procedure may be the very one you will need!

Due to our proximity to Mexico, some local seniors choose to use the services of dentists south of the border. We have received both positive and negative reports from folks who have done this (just as we have with local dentists) but cannot comment on this practice. The increased travel time, cost of transportation and the valuation of the dollar relative to the peso, coupled with an inability to pursue remedies if something goes wrong, needs to be considered.
Dentist Referrals

**Arizona Dental Association**
1-800-866-2732
www.azda.org
The Arizona Dental Association’s free Find-A-Dentist Service lists AZDA member dentists that are in good standing along with their address, phone and specialty. They also offer a list of low-cost community dental clinics and a dispute resolution system. They are unable to provide information about dental fees, payment options or insurances accepted.

**Dental Referral**
www.dentalreferral.com
1-877-771-5509 (24 hours a day)
This is a free service that pre-screens dentists and provides information on payment options, office hours, affiliations, amenities available, and patient reviews.

Reduced Fee Dental Clinics

**El Rio Dental Clinics**
Central: 839 W. Congress
Northwest: 320 W. Prince Rd.
Southwest: 1500 W. Commerce Ct.
(520) 670-3909
This phone number is for all centers.

**St. Elizabeth’s Health Center**
140 W. Speedway #100
(520) 770-8529
Sliding scale fees for dental services.

**Urgent Care Dental**
3980 N. Campbell Ave.
(520) 322-5008
(Extractions for AHCCCS patients)

**Marana Health Care Dental Main Clinic**
13644 N. Sanders Rd.
(520) 616-6200
Call for an appointment.
Walk-ins accepted for emergencies only.

**Marana Health Care Dental Ellie Towne Health Center**
1670 W. Ruthrauff Rd.
(520) 616-6797

**Desert Senita Medical Center**
410 Malacate St, Ajo, AZ
(520) 387-4500

Low-Cost Cleaning and X-Rays

**Pima Community College Hygiene School and Lab Tech Program**
Pima Community College West Campus
2202 W. Anklam Rd.
(520) 206-6090
Dental exam, cleaning, x-rays, instructions on brushing, flossing and gum care. Allow 3½ hours for one clinic visit. Multiple clinics visits may be needed to complete one treatment program.
Mobile Dentistry

**Mobile Dental**

(520) 622-2921  
www.mobilecareus.com

This is a Tucson-based, full-service dental practice. They service customers in private homes as well as all types of residential facilities.

**Dr. Sharad Pandhi**

5828 N. Oracle Rd. #100  
(520) 293-2166

**Mobile Dentistry of Arizona**

(480) 313-3310  
http://mobiledentistryofaz.com

This Phoenix-based mobile dentist office provides dental services to residents of assisted living facilities and adult care homes in Tucson once every six weeks. Call or visit their website to download referral forms.

Denture Clinics

**Hugh Keeffe, DDS**

902 S. Kolb Rd.  
(520) 917-7638

**Affordable Dentures**

3782 S. 16th Ave.  
(520) 375-9626  
www.affordabledentures.com

Visit their website for coupons.

**Urgent Care Dental**

3980 N. Campbell Ave.  
(520) 322-5008

Accepts AHCCCS—dentures are covered by some plans with a referral.

**Mobile Dental**

(520) 622-2921  
www.mobilecareus.com

Donated Dental Services

**Veterans Dental Services**

3601 S. 6th Ave.  
(520) 629-1842

For 100% disabled veterans only

**Dentistry from the Heart**

727-849-2002  
www.dentistryfromtheheart.org

Organizes free dental clinics year round throughout the U.S. Check their online calendar for current clinic dates and locations.

**Donated Dental Services (DDS)**

In Arizona: (480) 850-1474

Must be low-income and either disabled, medically fragile, or at least age 65. May not be accepting new applications.  
http://dentallifeline.org

**Arizona Dental Foundation**

480-344-5777  
www.azdentalfoundation.org

Must be low-income and either disabled, medically fragile, or at least age 65. There is a long wait list.
Dental Complaints

Arizona State Board of Dental Examiners
4205 N. 7th Ave. #300, Phoenix, AZ 85013
(602) 242-1492
https://dentalboard.az.gov

Dental Plans
The companies on this list offer reduced-cost dental plans to individuals, clients, couples and families. The rates charged for a year’s membership vary. Some of the plans offer a greater discount on dental services than others. Some offer dental insurance only, while others include vision and/or prescription discounts. Call and ask for a brochure if any plan interests you. Most companies are willing to mail a brochure upon request.

**DentalPlans.com**
1-888-632-5353
[www.dentalplans.com](http://www.dentalplans.com)
Monday–Friday 8:00 A.M.–9:00 P.M. EST
Compare dental discount plans in your area. These are not insurance plans.

**Ameriplan USA**
800-647-8421
[www.ameriplanusa.com](http://www.ameriplanusa.com)

**American Dental Plan**
602-265-6677
[www.arizdental.com](http://www.arizdental.com)

**Delta Dental of Arizona**
1-800-352-6132
[www.deltadentalaz.com](http://www.deltadentalaz.com)
Individual and family plans.
Different rate and benefit structures.