



Retirement and Assisted Living Communities

Revised 02/2017

Services in Retirement (Independent) Residences generally include scheduled transportation, activities, housekeeping, laundry, meal options, and utilities except for telephone and cable TV (some provide basic cable).

All listed prices for Assisted Living (AL) are base rates which include three meals/day and independent level services. The average base monthly cost of assisted living in Tucson in 2015 was \$3,325. Residents usually need additional services not provided in the basic price. Typical monthly care plan costs are \$300 for medication administration and \$600-\$900 for assistance with bathing and dressing depending on the frequency/time of one-on-one care. Facilities have move-in fees or deposits which are nonrefundable; cost is typically between \$1,000 and one month's rent.

SNF (Skilled Nursing Facility) indicates an on-site nursing home. AL (Assisted Living) facilities participating in Arizona Long Term Care System are indicated by **ALTCS**. (Always check for current ALTCS contract status with United HealthCare and Mercy Care.) Each complex is listed with a range of prices for Independent Living (if available), number of meals included, and Assisted Living (AL) or Dementia Care (if available).

This information is ONLY UPDATED PERIODICALLY AND RATES FREQUENTLY CHANGE. Inclusion in this Housing Directory does not imply recommendation or endorsement by Pima Council on Aging.

Retirement Apartments (Independent Living)

Atria Bell Court Gardens

6653 E. Carondelet Dr., 85710 141 units
(520) 886-3600 2 meals/day
Starting \$2,580-\$4,105 Pets okay
www.atriaseniorliving.com

Viscount Suite—Hotel Suite Living

4855 E. Broadway Blvd. Pets okay
Tucson, AZ 85711
(520) 745-6500
515 sq. ft. one bedroom suites
Hot breakfast buffet included
Full service housekeeping weekly
Social Hour 4-7 daily
King bed: \$1,710/mo (one occupant)
Two beds: \$2,280/mo (two occupants)
Scheduled home health available
www.viscountsuite.com

Desert Springs Gracious Retirement Living

30 W. Lambert Lane 111 apartments
Oro Valley, AZ 85737 14 cottages
(520) 329-4036 1-3 meals/day
\$1,895-\$3,995/mo all inclusive Pet friendly
2nd person: \$150 (cottage) to \$450 (apartment)
www.seniorlivinginstyle.com

Echelon of Tucson

6250 S. Commerce Court
Tucson, AZ 85746 140 units
(520) 294-3200 Pets okay
\$1,325-\$2,200 for 1 bedroom 1-3 meals/day
\$2,200-2,395 for 2 bedrooms
Wkly housekeeping
Scheduled home health available on site.
\$495 2nd person
www.echelonoftucson.com

Atria Valley Manor

5549 E. Lee St., 85712 64 units
Tucson, AZ 85712 3 meals/day
(520) 886-7937 Pets okay
\$1,510-\$2,495; \$500 2nd person
www.atriaseniorliving.com

Independent and Assisted Living

All prices listed are base rates. Assessments often determine that additional services and fees are required to meet care needs. *Facility provides specialized dementia/memory care in a secured setting.

Amber Lights

6231 N. Montebella Rd. 120 units
Tucson, AZ 85704 12 hour dining
(520) 498-0668 2 meals/day
Independent: \$2,975-\$3,925/mo,
\$700 2nd person
Additional care plan cost is \$750-\$2,150
www.srgseniorliving.com

*Atria Campana Del Rio

1550 E. River Rd. 190 independent units
Tucson, AZ 85718 54 AL units;
(502) 299-1941 23 villas
Independent: \$2,000-\$3,450/mo (inc. 2 meals/day)
AL: \$3,150-\$4,000/mo
\$600 2nd person Ind. Liv.; \$850 2nd person AL
13 Dementia units: \$5,198-\$6,660
www.atriaseniorliving.com

Broadway Proper

400 S. Broadway Place 232 units
Tucson, AZ 85710 2 meals/day
(520) 296-3238 Pets okay
Independent living: \$1,625-\$3,800
\$500 2nd person
Integrated Assisted Living: Add \$200-\$1,500 to
independent rate depending on care plan
www.leisurecare.com

*Brookdale Santa Catalina

7500 N. Calle Sin Envidia 155 independent units
Tucson, AZ 85718 70 AL units
(520) 742-6242 15 memory care units
Independent: \$1,520-\$4,360/mo, includes 20
meals/mo plus continental breakfast
\$570 2nd person Small pets okay
AL: \$2,446-\$5,866/mo
Dementia: \$6,725 all-inclusive;
SNF: \$290-\$300/day
www.brookdale.com

Catalina Village Assisted Living >ALTCS<

5324 E. 1st St. 107 units
Tucson, AZ 85711 Pets under 30 lbs okay
(520) 327-4010
\$1,950/mo
www.catalinavillageal.com

*Cascades

201 N. Jessica Ave. 211 units
Tucson, AZ 85710 Pets okay
(520) 886-3171
Independent living: \$2,175-\$3,595 includes 2 meals
\$850 2nd person independent living
Assisted Living: Add \$650-\$1,890/mo
43 Memory Care units: \$4,125-5,970
\$900 2nd person memory care
<http://www.cascadestucson.com>

The Country Club of La Cholla

8700 N. La Cholla Blvd. 223 apartments
Tucson, AZ 85742 19 Casitas
(520) 797-8700 3 meals/day
Apartments: \$2,600+/mo Pets okay
Casitas: \$4,000+/mo
Five levels of assisted living: \$2,900-\$3,900/mo
www.mbkseiorliving.com

Devon Gables >ALTCS<

6150 E. Grant Rd. 23 independent units
Tucson, AZ 85712 18 AL units
(520) 296-6181 3 meals/day
Independent: \$1,160-\$1,260/mo;
\$475 2nd person
AL: \$2,550+
SNF/Memory Care: \$150-210/day
www.devongables.com

Fairwinds Desert Point

10701 N. La Reserve Dr. 198 units
Oro Valley, AZ 85737 Pets okay
(520) 498-1111
Independent: \$2,420-\$5,975/mo
Independent rate includes \$400 meal credit
\$500 2nd person
Integrated Assisted Living, add \$250-\$1,400+
www.leisurecare.com

Fellowship Square-Tucson >ALTCs<

8111 E. Broadway 563 independent units
Tucson, AZ 85710 56 AL units
(520) 886-5537 1 small pet OK in some units
Some subsidized apartments available
Independent: \$1,205-\$2,260/mo
Includes 15 meals/mo
\$495 2nd person
Two levels AL: \$2,340-\$3,665
www.christiancare.org

***The Forum at Tucson**

2500 N. Rosemont 149 independent units
Tucson, AZ 85712 83 AL units
(520) 325-4800 27 memory care units
Independent: \$3,200-\$5,500
AL: \$2,055-\$5,200/mo 67 SNF units
\$500-\$700 2nd person Pets okay
SNF: \$214-\$285/day
www.theforumattucson.com

***The Fountains at La Cholla**

2001 W. Rudasill Rd. 335 independent units
Tucson, AZ 85704 (includes 75 casitas)
(520) 797-2001 Pets okay
Independent: \$1,900-\$4,700/mo
\$410 2nd person (Independent Living)
AL: \$3,200-\$4,200/mo
\$800 2nd person 62 AL and 17 dementia units
Dementia: \$4,600 all inclusive
www.watermarkcommunities.com

Handmaker >ALTCs< (3 years private pay requested)

2221 N. Rosemont Blvd.
Tucson, AZ 85712 3 kosher meals/day
(520) 881-2323 Pets okay
Independent: \$1,794-\$3,043/mo
AL: \$3,431-\$4,800/mo
SNF: \$243-\$330/day
www.handmaker.org

Marshall Home for Men >ALTCs<

3314 S. 16th Ave., 85713 52 rooms
Tucson, AZ 85713 3 meals
(520) 624-5193
Sliding scale fee or semi-private: \$1,500/mo
Private: \$2,000/mo
www.marshallhomeformen.org

Mountain View Retirement Village

7900 N. La Canada Dr. 102 independent units
Tucson, AZ 85704 86 AL units
(520) 229-3350 Pets OK (large pets OK)
Independent: \$2,820-\$6,445/mo-incl. 2 meals
\$430 2nd person
AL: \$3,670-\$4,360/mo, includes 3 meals
Additional care is \$450-\$750/mo
\$780 2nd person
www.mountainviewretirement.com

***Sierra del Sol**

8151 E. Speedway Blvd. 94 AL units
Tucson, AZ 85710 36 dementia units
(520) 722-8400 Pets okay
Independent: \$2,310-\$3,895/mo base rate
AL: \$600-\$2,725 depending on care plan.
Dementia: \$4,498 all inclusive
www.sierradelsoltucson.com

Splendido

13500 N. Rancho Vistoso Blvd.
Tucson, AZ 85755
(520) 878-2612
Financial buy-in required with multiple contract options including life care benefits
196 independent apartments
50 independent villas
Assisted living options are limited to the community except Medicare rehab available in SNF
<http://splendidotucson.com>

St. Luke's Home

615 E. Adams St. 64 rooms
Tucson, AZ 85705 3 meals/day
(520) 628-1512
Sliding scale fee for those financially eligible
Income limits: \$2,115/mo for 1; \$2,420/mo for 2
www.stlukeshometucson.org

***Sunrise at River Road**

4975 N. 1st Ave. 79 units
Tucson, AZ 85718 3 meals
(520) 888-8400 Small pets okay
Independent or AL: \$2,400-\$6,000/mo
Memory care: \$4,000-\$6,000/mo
\$900/mo 2nd person

www.sunriseseniorliving.com

Villa Hermosa

6300 E. Speedway Blvd.
Tucson, AZ 85710 Restaurant open
(520) 298-6400 7 A.M.-7 P.M.
\$3,110-\$4,700, includes 2 meals/day;
\$750 2nd person
Integrated assisted living: Add \$800-\$2,250 to
base rate depending on care plan
Extensive state-of-the-art wellness facilities
www.srgseniorliving.com

Assisted Living

All prices listed are base rates. Assessments often determine that additional services and fees are required to meet care needs. Assisted living costs include three meals per day. *Facility provides specialized dementia care in a secured assisted living setting.

Brookdale East Tucson

8468 E. Speedway Blvd. 46 units
Tucson, AZ 85710 Pets okay
(520) 722-8841
\$3,250-\$4,525/mo
\$900 2nd person

www.brookdaleliving.com

Brookdale North Tucson

2650 W. Ina Rd.
Tucson, AZ 85741 50 units
(520) 229-0232 Pets okay
\$2,690-\$3,395/mo all inclusive
\$900 2nd person

Facility has directed care with secured doors

www.brookdaleliving.com

***Brookdale Oro Valley**

10175 N. Oracle Rd. 34 units
Tucson, AZ 85704 Pets okay
(520) 544-4300
\$4,963-\$5,508/mo
\$800 2nd person

Dementia care only

www.brookdaleliving.com

***Brookdale Tanque Verde**

9050 E. Tanque Verde Rd. 34 units/42 beds
Tucson, AZ 85749 Pets under 18 lbs
(520) 749-9200 Respite: \$200/day
\$4,200-6,300/mo
\$1,700 second person

Dementia Care Only

www.brookdaleliving.com

***Brookdale Ventana Canyon**

5660 N. Kolb Rd., 65 AL units
Tucson, AZ 85750 21 Memory Care
(520) 577-6940 Rehab center on site
AL: \$3,200-\$5,900/mo Pets okay
\$700 2nd person

Memory Care: \$4,400-\$4,800

www.brookdaleliving.com

***Catalina Springs Memory Care**

9685 N. Oracle Rd. 48 units
Oro Valley, AZ 85704
(520) 297-2500
\$3,343-5,558/mo

Dementia care only

<http://catalinaspringsmemorycare.com>

***Copper Canyon Alzheimer's Special Care Center**

5901 N. La Cholla Blvd.
Tucson, AZ 85741
(520) 293-3114
\$4,300+/mo

Dementia care only

24-hour nursing on site

Accepts difficult behaviors.

www.jeaseniorliving.com

Elmcroft of River Centre

5665 E. River Rd.
Tucson, AZ 85750
(520) 529-7100 66 units
\$2,700+/mo Pets under 30 lbs okay

elmcroftseniorliving.com

***Fairmount Assisted Living Center**

6161 E. Fairmount, 85712 30 units
Tucson, AZ 85712 Some pets okay
(520) 390-6908
\$2,800-4,200

Lifetime fixed pricing option available.
Secured facility provides both dementia and non-dementia care

www.fairmountassistedliving.com

***Foothills Place**

3701 N. Swan Rd. 78 AL units
Tucson, AZ 85718 18 secure memory care
(520) 299-7755 Small pets okay
AL: \$2,560-\$3,695/mo
\$600 2nd person
Memory Care: \$4,285-\$5,025
\$600 2nd person
AL care levels: Add \$200+ to the base rate

Hacienda at the River

2720 E. River Rd. 51 AL units
Tucson, AZ 85718 20 secure memory care
(520) 485-1060 Pets okay, horses too
AL: \$4,395-\$5,795 and up
\$800 2nd person
Memory care: \$5,395-\$6,495 all-inclusive
AL opens in early March 2017; Memory care opens late March; The Springs skilled nursing opens early May and will be open to the public
www.watermarkcommunities.com

***The Oasis at El Corral AL >ALTCS<**

2721 N. Oracle Rd. 53 units
Tucson, AZ 85705 Small pets okay
(520) 624-1771
\$1,800-\$2,400/mo,
2nd person cost depends on care needs
www.tucsonoasis.com

***Pacifica Senior Living Tucson**

2675 N. Wyatt Dr. >ALTCS<
Tucson, AZ 85712 Limited number of ALTCS beds
(520) 320-7505 Private pay required first
\$4,325-\$5,600/mo private and semi-private
Legacy all-inclusive pricing option available.
70 units (5 cottages with 14 residents each)
Dementia care only
www.pacificatucson.com

***Sherwood Village AL and Memory Care**

102 S. Sherwood Village Dr. >ALTCS<
Tucson, AZ 85710 Pets under 25 lbs okay
(520) 298-9242 135 units
Companion suite with two bedrooms: \$1,750/each
Assisted Living: \$2,100-\$2,450
\$700 2nd person
A la carte care plans
Memory care: \$3,500-\$4,550 inclusive 16 units
<http://sherwoodvillageliving.com>

Villa Maria Care Center >ALTCS<

4310 E. Grant Rd. 56 units
Tucson, AZ 85712 Pets under 25 lbs okay
(520) 323-9351
AL: \$72-\$73.56/day
SNF: \$157.37-\$166/day
www.villamariacc.com

***Woodland Palms AL & Memory Care**

1020 N. Woodland Ave. >ALTCS<
Tucson, AZ 85711 Mercy Care only
(520) 777-3198 39 units
AL: \$2,295-\$4,295/mo Pets okay
\$1,000 2nd person
Dementia: \$2,295-\$4,295/mo
Accepts new residents who need to spend down for ALTCS but not those who are already on ALTCS
www.woodlandpalms.com

Assisted Living Neighborhoods

An Assisted Living Neighborhood is a group of two or more small care homes where residents receive care 24 hours a day in a residential setting. Each building typically houses between 10 and 16 residents.

*Facility provides specialized dementia care in a secured setting.

*Academy Villas

13775 E. Langtry Lane, 85747

(520) 647-7500

2 buildings; 14 rooms in one, 16 in the other

Independent, assisted living, and memory care

\$3,300–\$6,500/month

No pets, but pet visits allowed

Respite: \$185/day

<http://academyvillas.org>

*Crossroads Adult Care Homes

5825 N. Escondido Ln.

>ALTCS<

(520) 742-1850

Three bldgs with 8 private rooms and
1 semi-private room each.

All levels of assisted living and memory care.

\$2,800–4,300/month

Respite: \$150–\$180/day

No pets

www.crossroadsadultcare.com

*Friendship Villas at La Cholla

6505 N. La Cholla Blvd.

(520) 742-3554

4 villas with 16 suites each

AL: \$3,850–4,600/month

Memory Care: \$4,175–4,925/month

Respite: \$150/day; two week minimum

Some pets okay

<http://friendshipvillas.com>

*Via Elegante Luxury Assisted Living at La Cholla

5644 N. Via Latigo

(520) 293-3280

All levels of assisted living and memory care

3 bldgs with 10 private rooms/baths each

\$4,500–6,500/month

Pets okay

Respite not available

www.viaelegante.com

*The Villas at La Cañada >ALTCS<

6899 N. La Cañada Dr.

(520) 531-0086

All levels of assisted living and memory care

10 bldgs with 10 private rooms/baths each

\$4,395–4,795/month

\$4,795–5,195/month for difficult behaviors

Discount for second person

Pets okay

Respite: \$200/day; two weeks minimum

www.villasatlacanada.com

*The Villas at Houghton

844 N. Houghton Rd.

(520) 219-0160

9 bldgs with 10 private rooms/baths each

All levels of assisted living and memory care

\$4,395–4,795/month

Discount for second person

Pets okay

Respite: \$200/day; one week minimum

www.villasathoughton.com

The Villas at King >ALTCS<

215 W. King Rd.

(520) 981-0092

2 bldgs with 10 rooms/baths each

All levels of assisted living and memory care

\$3,795–4,395/month

\$4,795–5,195/month for difficult behaviors

Discount for second person

Pets okay

Respite: \$150–175/day; one week minimum

No website at this time.



Supportive Housing for Older Adults

Retirement Apartments (Independent Living)

Meals, transportation, activities, security, housekeeping, emergency response system are provided to residents in individual apartments.

Cost: \$1,500–\$5,000/mo. Meal plans vary. Additional services may be offered for a fee.

Assisted Living Centers

Apartment setting with meals, transportation, activities, housekeeping, 24-hour supervision, administration of medications, assistance with personal care. More than 10 residents. Specialized dementia care may be available.

Cost: Prices vary depending upon care needs, room size and amenities. Average **base** monthly cost (exclusive of care needs) in Tucson in 2015 was \$3,420/mo or \$41,040/year. Subsidies available if eligible: Arizona Long Term Care System in contracted centers, Veterans Administration. There are two sliding fee scale facilities in Tucson: St. Luke's Home (520) 628-1512 and Marshall Home for Men (520) 624-5193. Regulated by the Arizona Department of Health Services.

Assisted Living Homes (Adult Care Homes)

Private home caring for up to 10 older adults. Services include housekeeping, meals, 24-hour supervision, assistance with personal care, medication administration and activities. Specialized dementia care is available in some homes.

Cost: Usually \$2,000–\$5,000/mo and up depending upon care, room size and amenities. Subsidies available if eligible: Arizona Long Term Care System in contracted homes, Veterans Administration. Regulated by the Arizona Department of Health Services. Referral agencies can assist families in finding a home.

Skilled Nursing Facilities

Residential health care facility offering ongoing nursing care. Three levels of care may be offered: intermediate care, skilled care, dementia/secure.

Cost: Depends upon care needs, room size and amenities. Average cost in Tucson in 2015 was \$246/day for a private room (\$89,790/yr); \$206/day for a shared room. (\$75,190/yr) Subsidies available: Arizona Long Term Care System, Veterans Administration. Medicare generally pays for rehabilitation only. Regulated by the Arizona Department of Health Services.

Continuing Care Retirement Community (CCRC)

CCRCs offer a full continuum of care, ranging from independent retirement apartments or villas, to assistance with personal care in assisted living apartments, to long-term care in a skilled nursing facility. Designed to allow residents to receive all their care needs on the same campus. Types of contracts available vary.



Selecting Residential Care for Older Adults

- ◆ Determine that the facility provides the level of care needed by you or your loved one now and in the near future. Be realistic about care needs.
- ◆ Make a scheduled visit first and unannounced follow up visits.
- ◆ Ask to see a copy of the most recent survey by the Department of Health Services. Have there been complaints filed/deficiencies noted against the institution? If so, what were they?
- ◆ Does the facility have a contract to provide care to residents in the Arizona Long Term Care System (ALTCS)?
- ◆ What is the monthly base fee and what services does it cover? What additional services are there and do they cost extra? Is there an itemized list of services? Is there a move-in fee?
- ◆ Under what conditions might fees increase? What are the conditions for terminating a contract? How much notice will be given? What is the refund policy?
- ◆ What if the older adult must be hospitalized or needs another level of care? What is the procedure if care needs increase above that which the facility can provide? How much notice will be provided?
- ◆ Do research on the ownership of the facility. Interview the executive director/owner/manager. How long has he or she been at that facility? What is his or her philosophy of care?
- ◆ Can they accommodate couples and are the fees specific to the individual care needs?
- ◆ Do physicians or registered nurses regularly visit the facility?
- ◆ Review the documentation of medication administration. What techniques are used if someone with dementia refuses his or her meds?
- ◆ What is the ratio of staff to residents, including on weekends and at night? Is there awake staff available 24 hours per day? How often are residents checked at night?
- ◆ How are caregivers screened? What background checks are done? What initial and continuing education is required? How are their skills evaluated and their credentials checked? How long has staff been at the facility?
- ◆ Have caregivers received specific training in dementia care? How do staff handle difficult behaviors?
- ◆ Are caregivers available with the physical strength and training necessary to perform safe transfers or whatever task is required?
- ◆ Are caregivers available with the cultural sensitivity and language skills you or your loved one need?
- ◆ Is this facility able to meet your or your loved one's specific requirements (e.g., non-smoking, fragrance free, etc.)?
- ◆ Does the agency have nondiscrimination policies and provide staff training on cultural competency issues including lesbian, gay, bisexual, and transgender (LGBT) concerns?
- ◆ How are complaints made and how are they handled?
- ◆ Is the environment attractive, both indoors and outdoors?

- ◆ Are sanitary conditions maintained throughout the facility?
- ◆ Are residents addressed by appropriate names?
- ◆ Are residents appropriately dressed and groomed for the time of day?
- ◆ Do caregivers knock before entering a resident's room?
- ◆ Are residents cheerful and able to talk freely with you?
- ◆ Ask for a copy of the monthly activity calendar to see if the activities would interest you or your loved one.
- ◆ Is there meaningful stimulating activity available at the needed frequency and level?
- ◆ How far do residents have to walk to activities and to their dining room?
- ◆ Will the distance be a barrier to participation in activities or meals for you or your loved one?
- ◆ Can residents decorate their own rooms? How are roommates selected?
- ◆ Ask to see a menu. Can the facility accommodate special dietary needs?
- ◆ Do residents participate in menu planning if desired? Are snacks available between meals?
- ◆ Is there an emergency call system? Is it conveniently located? Who responds to the call?
- ◆ Is there private phone service in each room?
- ◆ Are visitors welcome at any time? Could pets live in or make visits?
- ◆ Are visitors monitored or screened in any way?

The following websites may be useful: www.medicare.gov for nursing home information, and www.azdhs.gov/als for information on assisted living homes and centers. For information about survey results or complaints you may contact the Tucson branch of the Department of Health Services Healthcare Licensure at (520) 628-6965.