



# Family Caregiver Support Groups

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Revised 2.1.19

PCOA family caregiver support groups are open to anyone providing care for a person 60 and older, or for someone who has Alzheimer's disease or a related dementia of any age. There is no charge.

**Preregistration is required; please call (520) 305-3405.**

## **Central**

Second Tuesday of the month  
5:30 P.M. – 7:00 P.M.  
Grace St. Paul's Church  
Weeks Room  
2331 E. Adams Street

## **East**

First Monday of the month  
1:00 P.M. – 2:30 P.M.  
Pima Council on Aging, Board Rm  
8467 E. Broadway

## **East**

Last Monday of the month  
1:00 P.M. – 2:30 P.M.  
Pima Council on Aging, Board Rm  
8467 E. Broadway

## **East** LGBT WELCOMING!

Third Tuesday of the month  
1:00 P.M.-2:30 P.M.  
Pima Council on Aging, Board Room  
8467 E Broadway

## **Green Valley**

Second Monday of the month  
1:00 P.M. – 2:30 P.M.  
Friends in Deed, Room A  
301 W Camino Casa Verde

## **North** NEW TIME & DATE

First Thursday of the month  
1:30 P.M. – 3:00 P.M.  
City Council Ward 6 Office, West Rm  
3202 E. 1<sup>st</sup> Street

## **North**

Second Thursday of the month  
11:00 A.M. – 12:30 P.M.  
City Council Ward 3 Office  
Community Rm  
1510 E. Grant Road

## **North** NEW TIME & DATE

Third Thursday of the month  
1:30 P.M. – 3:00 P.M.  
City Council Ward 6 Office, West Rm  
3202 E. 1<sup>st</sup> Street

## **Oro Valley**

First Tuesday of the month  
12:00 P.M. – 1:30 P.M.  
Rancho Vistoso Urgent Care  
Board Room  
13101 N. Oracle Rd.

## **Oro Valley**

Last Wednesday of the month  
3:00 P.M. – 4:30 P.M.  
Rancho Vistoso Urgent Care  
Board Room  
13101 N. Oracle Rd.

## **Southwest**

Last Tuesday of the month  
9:00 A.M. – 10:30 A.M.  
Tucson Estates Recreation Center  
Ste. #1  
5900 W. Western Way

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