




May 2019
 Armory Center
 220 S. 5th Ave.
 791-4865

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Salad Bar Tuesdays & Wednesday	60 & over - \$2.00 Donation 59 & under - \$8.00	1 Beef Stroganoff Broccoli Carrots Peaches Egg Noodles	2 Chicken Chow Mein Asian Vegetables Gr. Salad Pineapple Rice	3 Cheese Sandwich Tomato Soup Cole Slaw Pears		
6 Sloppy Joe Waffles Fries Spinach Salad Pears	7 Roast Beef Parsley Potatoes Green Beans Pineapple	8 BBQ Chicken Macaroni Salad Ranch Beans Mandarin Oranges	9 Beefy Mac. Cass. Zucchini Slices Gr. Salad Tropical Fruit	10 Roast Beef Mashed Potatoes Gr. Beans Pineapple Upside Down Cake		
13 Salisbury Steak Red Potatoes Carrot Salad Pears	14 Teriyaki Beef Asian Vegetables Tossed Salad Mandarin Oranges	15 Baked Chicken Mashed Yams Broccoli Peaches	16 Vegetable Lasagna Gr. Beans Cole Slaw Tropical Fruit	17 Bean Burro Lettuce Tomato Spanish Rice Orange		
20 Meatballs/ Gravy Peas & Carrots Cucumber Salad Noodle Fruit	21 Chicken Fajita Onion & Peppers Black Beans Fruit Salad Tortilla	22 Sweet & Sour Pork Asian Veggies Egg Roll Waldorf Salad Fortune Cookie	Rigatoni / Meatsauce Gr. Beans Tossed Salad Garlic Bread Pineapple	24 Turkey Sandwich Lettuce / Tomato Cole Slaw Pears		
27 Closed Memorial Day 	28 Chicken Cacciatore Mixed Veggies Cauliflower Mandarin Oranges	29 Beef Stew Potatoes, Celery Carrots, Onions Gr. Beans Peach Crisp	Stuffed Peppers Broccoli Carrots Pears	31 Swiss Steak Mashed Potatoes Spinach Salad Sliced Apples	Funded By: PCOA, DES City OF Tucson	