

AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
TUESDAY AND WEDNESDAY SALAD BAR	60YRS \$2.00 DONATION 59 UNDER \$8.00	6 CARNE ASADA TACO LETTUCE/TOMATO PINTO BEANS ORANGE	7 CAJUN CHICKEN PASTA BROCCOLI CARROT PEACHES	1 GLAZED HAM MIXED VEGGIES CAULIFLOWER WATERMELON	2 CHICKEN DRUMMIES RED POTATOES BROCCOLI FRUIT	3
4	5 BBQ MEATBALLS SPINACH COLE SLAW PINEAPPLE	6 CARNE ASADA TACO LETTUCE/TOMATO PINTO BEANS ORANGE	7 CAJUN CHICKEN PASTA BROCCOLI CARROT PEACHES	8 PORK SANDWICH RED POTATOES ASPARAGUS TROPICAL FRUIT BROWNIE	9 TUNA SALAD 3 - BEAN SALAD CUCUMBER/ TOMATO SALAD MELON	10
11	SEAFOOD SALAD CARROT SALAD SHELL PASTA ORANGE	HONEY GARLIC CHICKEN ASIAN VEGGIES EGG ROLL, RICE PINEAPPLE	14 LIVER / ONIONS MASHED POTATO CORN TROPICAL FRUIT	VEGGIE LASAGNA CUCUMBER SALAD ZUCCHINI PEACHES	16 BAKED FISH AU GRATIN POTATOES BEET SALAD PEARS	17
18	CHICKEN SALAD 3-BEAN SALAD COTTAGE CHEESE PEACHES CAKE	MEATBALLS/GRAVY PEAS & CARROTS CUCUMBER SALD RICE, FRUIT	21 OVEN FRIED CHICKEN MASHED POTATO CORN PINEAPPLE	22 BEEF TIPS BROCCOLI CARROTS WATERMELON NOODLE	23 TURKEY ENCHILADA TOSSED SALAD PINTO BEANS ORANGE	24
25	26 MEAT LOAF RED POTATOES ASPARAGUS PUDDING	27 POLISH SAUSAGE PEPPERS/ ONIONS BEETS RICE FRUIT	SALISBURY STEAK MASHED POTATO CARROT SALAD APPLE SAUCE	TERIYAKI CHICKEN ASIAN VEGGIES EGG ROLL FORTUNE COOKIE FRUIT	30 BAKED FISH YAMS SPINACH SALAD MANDARIN ORANGES	FUNDED BY: PCOA, DES, CITY OF TUCSON