



Family Caregiver Support Groups

Revised 8.1.19

PCOA family caregiver support groups are open to anyone providing care for a person 60 and older, or for someone who has Alzheimer's disease or a related dementia of any age. There is no charge. *(Please note that sessions will be canceled or rescheduled if the date is a Federal Holiday.)*

Preregistration is required; please call (520) 305-3405.

Central- PM

Second Tuesday of the month
5:30 P.M. – 7:00 P.M.
Grace St. Paul's Church
Weeks Room
2331 E. Adams Street

East

First Monday of the month
1:00 P.M. – 2:30 P.M.
Pima Council on Aging, Board Rm
8467 E. Broadway

East

Last Monday of the month
1:00 P.M. – 2:30 P.M.
Pima Council on Aging, Board Rm
8467 E. Broadway

East LGBT WELCOMING!

Third Tuesday of the month
1:00 P.M.-2:30 P.M.
Pima Council on Aging, Board Room
8467 E Broadway

Green Valley

Second Monday of the month
1:00 P.M. – 2:30 P.M.
Friends in Deed, Room A 301
W Camino Casa Verde

Midtown

First Thursday of the month
1:30 P.M. – 3:00 P.M.
City Council Ward 6 Office, West Rm
3202 E. 1st Street

North

Second Thursday of the month
11:00 A.M. – 12:30 P.M.
City Council Ward 3 Office
Community Rm
1510 E. Grant Road

Midtown

Third Thursday of the month
1:30 P.M. – 3:00 P.M.
City Council Ward 6 Office, West Rm
3202 E. 1st Street

Oro Valley

First Tuesday of the month
12:00 P.M. – 1:30 P.M.
Rancho Vistoso Urgent Care
Board Room
13101 N. Oracle Rd.

Oro Valley

Last Wednesday of the month
***Changing to 3rd Wed. starting Nov 2019**
3:00 P.M. – 4:30 P.M.
Rancho Vistoso Urgent Care
Board Room
13101 N. Oracle Rd.

Southwest

Last Tuesday of the month
9:00 A.M. – 10:30 A.M.
Tucson Estates Recreation Center
Ste. #1
5900 W. Western Way

This program was funded through a contract with the Arizona Department of Economic Security. Points of view are those of the author and do not necessarily represent the official position or policies of the Department.

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