Keeping Home Safe

People with Alzheimer's or dementia may have trouble knowing what is dangerous or making safe decisions. By helping him or her feel more relaxed and less confused at home, you can help stop accidents.

WHAT CAN YOU DO?

Keep Things Simple

make sure rooms are neat
place "often used" items in the same place
remove things that might break and aren't needed

Look at the Floor

remove small rugs, rugs that are thick, or rugs that might slide on floors
don't shine or wax floors
keep items off floors... cords, books, toys, bags, boxes, etc.
make sure bathroom and kitchen floors are kept dry and avoid walking with wet feet
use tables and chairs that are stable enough to lean on

Remove Dangerous Items

keep all medicines... vitamins, aspirin, prescriptions... in a locked box, cabinet, or drawer
place knives, scissors, guns, sharp tools, matches, and lighters out of sight or in a locked area
move all cleaning supplies to a high shelf or lock them away
take off knobs from the stove and oven

Don't Leave Him or Her Alone

in the kitchen with the stove or oven on
in the bathroom with water running
anywhere with burning cigarettes, cigars, or pipes near an open or unlocked door or gate