

FALLS FREE CHECKUP



YOU CAN PREVENT FALLS | 



Standing Together to Prevent Falls - A National Falls Prevention Week Presentation by PCOA

Date/Time: Sep 22, 9:30 - 11 AM

Link to Join Zoom Meeting
https://us02web.zoom.us/j/82040142781?pwd=bzN_QbkRKZDVTbzRlZ0hLSFU3dXl1QT09

Meeting ID: 820 4014 2781
Passcode: 989280

If you don't have access to the internet, you can join the presentation by phone with with the numbers below.

Dial by your location

+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)

Meeting ID: 820 4014 2781
Passcode: 989280

Find your local number: <https://us02web.zoom.us/j/kif4jAdCo>

Date/Time: Sep 24, 2 - 3:30 PM

Link to Join Zoom Meeting
<https://us02web.zoom.us/j/88323258973?pwd=SXlUcVlyc-jZBL3VBWUlhQ2ZoM0tlZz09>

Meeting ID: 883 2325 8973
Passcode: 299842

If you don't have access to the internet, you can join the presentation by phone with with the numbers below.

Dial by your location

+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)

Meeting ID: 883 2325 8973
Passcode: 299842

Find your local number: <https://us02web.zoom.us/j/kbRDmOpPE>

The coronavirus pandemic has changed a lot of things. One thing that's still the same? Falling is NOT a normal part of aging. **Take the first step to prevent a fall.**

- Answer 12 questions at ncoa.org/FallsFreeCheckUp
- Attend our free event to learn more

When Sept 22 9:30 - 11 am and Sept 24 2 - 3:30 pm

Where Zoom Meeting - information in the side bar

RSVP Registration is not required

